

# Scientific Overview

## Summary

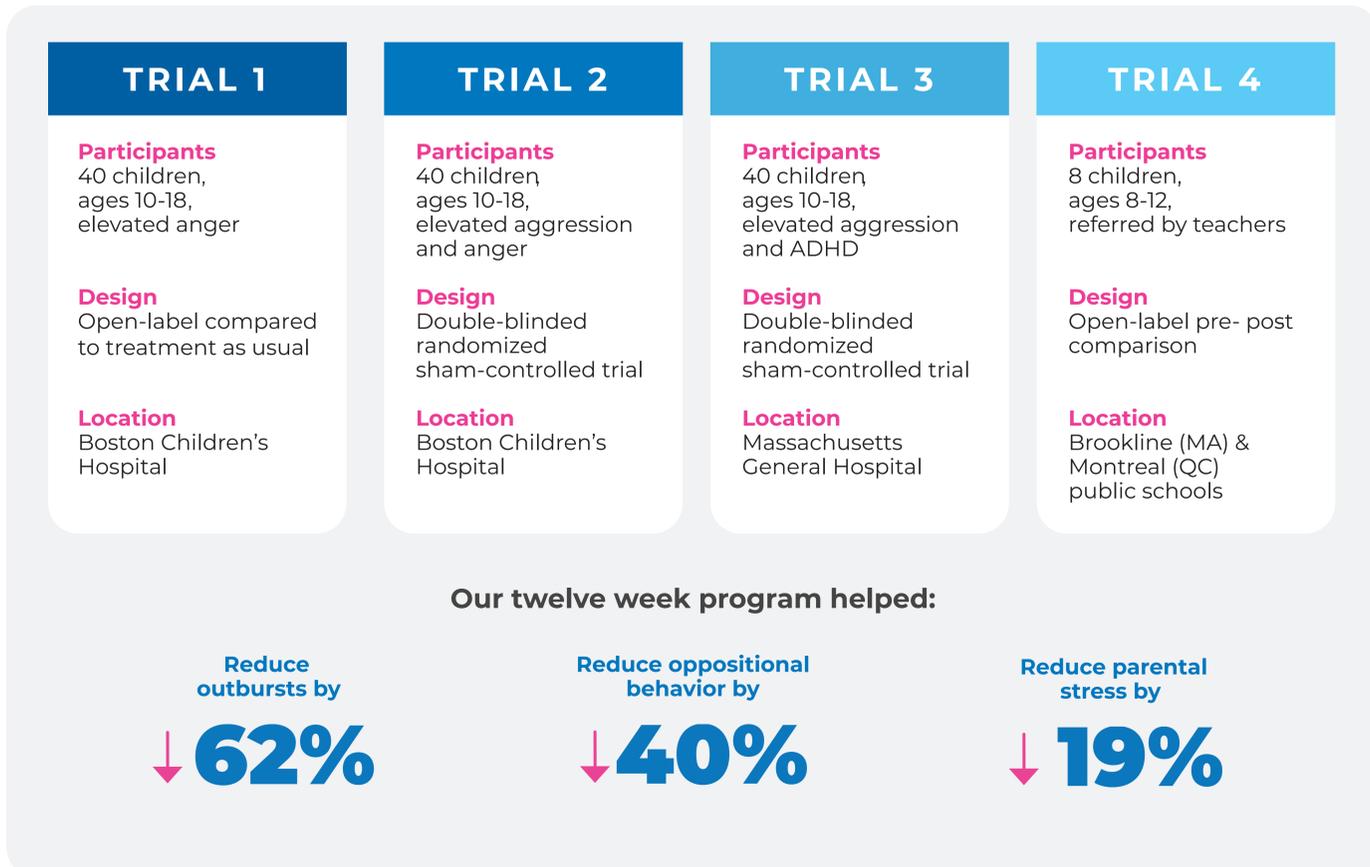
- The technology behind Mightier has been tested in four trials, including two double-blind, randomized controlled trials.
- The Mightier technology has consistently improved behavior symptoms.
- The Mightier technology consistently outperforms the current best-available therapeutic options.
- Gains in Mightier consistently transfer beyond the screen, leading to decreased parent stress and better participation in classroom activities.

## The Mightier Learning Loop

Our science directly validates the Mightier learning loop. Mightier builds off of the established theory that people learn best when they can construct meaning for themselves. Therefore, Mightier technology works to make emotions visible and actionable when they matter most, during moments of challenge. Children practice in a safe environment that presents the same type of challenges kids face every day, just in miniature.

## Mightier Trials

Key finding: Children using Mightier technology and therapy reduced symptoms aggression, oppositional behavior, and parent stress compared to children receiving control treatment.



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